



the GRAND OLD LADY

SARAWAK
More To Discover

MIRI
**WEEKEND
ESCAPADES**

statoS
SARAWAK TRADE AND
TOURISM OFFICE SINGAPORE

FOREWORD

I would like to extend a warm welcome to everyone to the beautiful resort city of Miri – the second-largest city in Sarawak after the State Capital, Kuching. Founded in 1910 following the discovery of Malaysia's first oil well, this vibrant coastal city in northeastern Sarawak offers a rich blend of natural beauty, history, and culture.

Miri is the main gateway to two UNESCO World Heritage Sites – the world-renowned Gunung Mulu National Park (inscribed in 2000) and Niah National Park (inscribed in 2024). At Gunung Mulu National Park, visitors can witness some of the most extraordinary natural wonders in the world, including the iconic Mulu Pinnacles – a dramatic formation of razor-sharp limestone spires rising majestically above the rainforest. For adventurous travellers, the trek to the Pinnacles is both a physical challenge and a deeply rewarding experience, offering breathtaking panoramic views that are truly unmatched in the region. Mulu is also famed for its vast cave systems, including some of the largest and most spectacular caves on Earth.

Following this, Niah National Park offers a journey through time. Its renowned Niah Caves are home to the oldest known modern human remains in Southeast Asia, dating back some 65,000 years, making it a site of immense archaeological and historical significance. Visitors can also explore the lush biodiversity of Lambir Hills National Park and the scenic beauty of the Kelabit Highlands, both of which are must-visit destinations. For those seeking adventure, Miri's pristine waters offer exciting dive sites that unveil a fascinating underwater world.

Beyond its natural attractions, Miri invites you to experience its rich cultural heritage, laid-back lifestyle, and diverse culinary offerings – from beloved kopitiam favourites to unique ethnic delicacies that reflect Sarawak's multicultural identity. Located just a short flight from Singapore, Miri is an ideal destination for a refreshing getaway from the hustle and bustle of city life. Whether you are seeking nature, culture, adventure, or relaxation, Miri promises an unforgettable experience – with the awe-inspiring Mulu Pinnacles as a highlight not to be missed.

Yours truly,

DATUK SEBASTIAN TING CHIEW YEY
Deputy Minister for Tourism, Creative Industry
and Performing Arts I (Tourism)

MIRI & Outskirts



Seahorse Statue



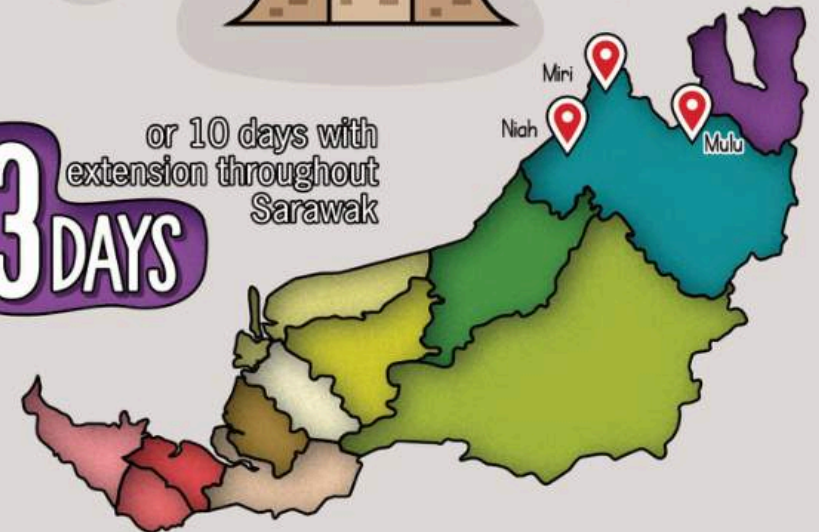
The Grand Old Lady


the GRAND OLD LADY



3 DAYS

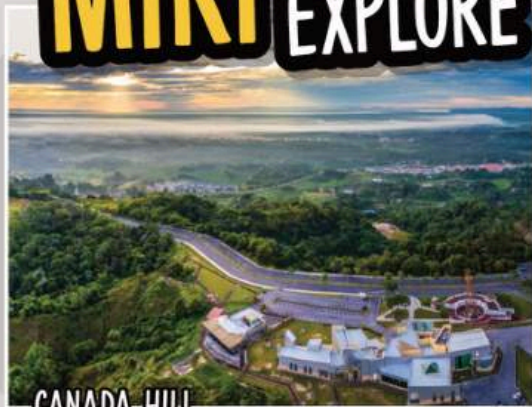
or 10 days with extension throughout Sarawak



 5 star resorts and hotels to homestays available

 Car Rental Available

MIRI SELF EXPLORE



CANADA HILL



THE GRAND OLD LADY

the GRAND OLD LADY

Canada Hill is a limestone ridge overlooking the town and offering excellent views of Miri and the surrounding area. A historic oil rig called the Grand Old Lady and a petroleum museum are situated on top of Canada Hill.

MIRI PETROLEUM MUSEUM



"Hollywood Styled" MIRI Signboard



TAMU MUHIBBAH



A local morning market located opposite the central bus stations where you can find exotic fruits and vegetables, handicrafts and produce from the upper reaches, including Bario rice.

TUA PEK KONG TEMPLE



LIAN HUA SAN GHING TIEN TEMPLE



Photo credit: EV Photo

SUNSET VIEW AT MIRI CITY

MIRI TIMES SQUARE



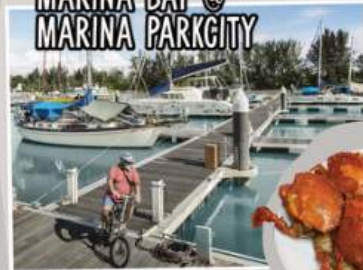
Designed to be the top address for work, shopping, dining and entertainment that will delight and surprise visitors with its open-air walkable, safe and vibrant environment.

MIRI CROCODILE FARM

Come face-to-face with various species of crocodiles within a 22-acre landscaped setting.



MARINA BAY @ MARINA PARKCITY



Seafood at Marina Bay Seafood Restaurant.



SABERKAS NIGHT MARKET



A variety of goods for sale, especially local food & drinks at each stall, and other items such as local handicrafts, clothes and local produce.

DEEP SEA FISHING @ BATU MAT-SUAI AREA



MIRI HANDICRAFT CENTRE



Discover local craftsmanship at its best with a variety of handmade beadwork, rattan baskets, and wood carvings by Sarawakian artisans. A great place to shop for souvenirs and handicrafts of Sarawak.

Try out their Triple Black Panther burger!



WAK CORNER



KZ CAFE



WIRELESS WALK

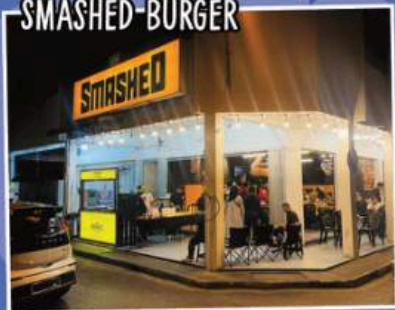
High-quality juicy western smashed burger:



69 SATAY HOUSE



SMASHED-BURGER



BAKAM BEACH



MIRI GOLF COURSE

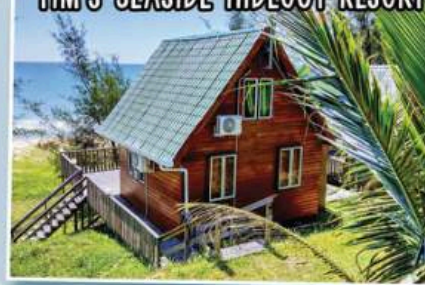


LUAK ESPLANADE



BEACH & DIVING

TIM'S SEASIDE HIDEOUT RESORT



TANJONG LOBANG BEACH



TUSAN BEACH



MIRI-SIBUTI CORAL REEFS NATIONAL PARK



Known for its white, sandy beach and breathtaking sunsets and also the blue tears phenomenon.



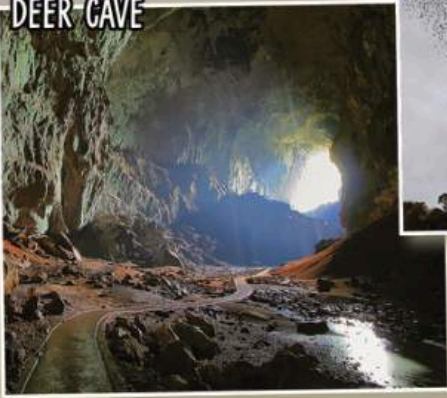
Take a dive and find pristine and untouched coral reefs that are teeming with marine life.



MULU NATIONAL PARK

Declared a World Heritage Site in 2000 by UNESCO, Mulu has the world's most extensive cave system, jungle trekking, river rapids, and fascinating people, including Sarawak's last nomadic tribes.

DEER CAVE



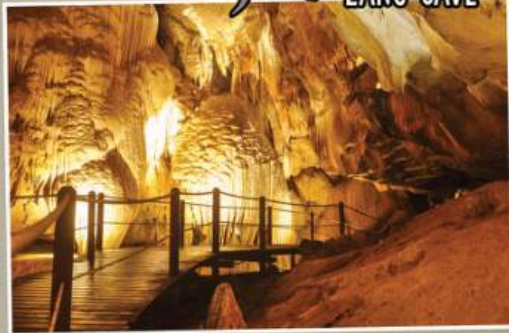
One of the world's largest cave passages, it is home to 12 species of bats, including the Wrinkle Lipped bats.



Gather at the mouth of the Deer Cave to view the nightly "bat exodus" as millions of bats exit the cave on a hunt for food.

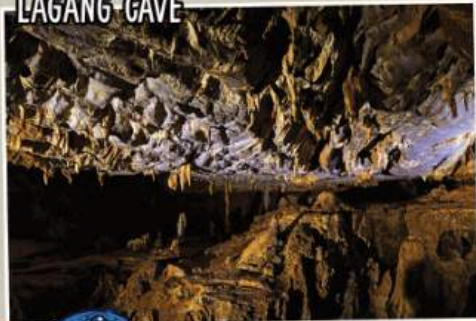


LANG CAVE



Being the smallest cave in Mulu, this cave is known for its wonderful limestone shawls, stalagmites and stalactites.

LAGANG CAVE



As part of the 'Fastlane' tour, experience the thrill of seeing this underground world by torchlight and the anticipation of what is around the next dark corner, especially cave fauna like the blue racer snakes.



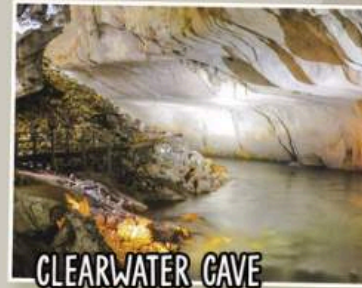
GANOPY WALK



The 480-metre walkway, suspended 25 metres above the forest floor, provides an unforgettable vantage point to experience Mulu's dipterocarp forest including flora and fauna that can be seen from above.



1 Cruise up the Melinau River in a longboat to visit a Penan village & market at Batu Bungan.



CLEARWATER CAVE

The longest cave in the world.

You can participate in two caving activities namely the Clearwater Connection, an advanced caving activity and Clearwater Revival, an intermediate adventure caving activity.

CLEARWATER & WINDS

3 Take 200 stairs to head to Clearwater Cave.



CAVE OF THE WIND

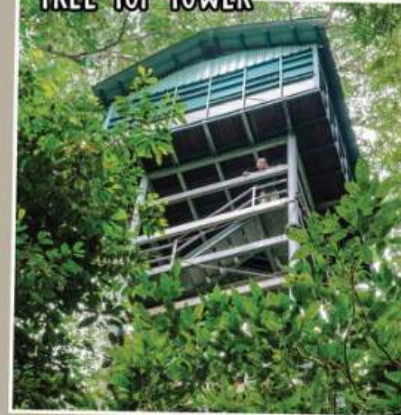
Named "Cave of the Wind" because of the cool breezes which can be felt at the narrow parts of the cave.

PINNACLES



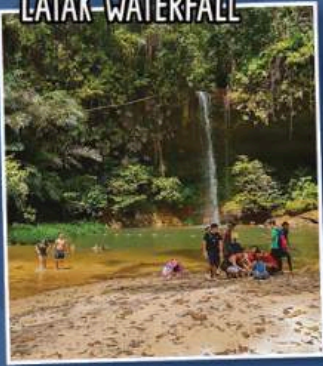
The Pinnacles are a unique formation of razor-sharp limestone rocks, jutting out of the jungle on the slopes of Mount Api, standing at 50 metres high, and the climb is regarded as an extremely high-risk activity.

TREE TOP TOWER



This bird hide provides the opportunity to 'spy' on canopy life in the rainforest, especially during the fruiting season.

LATAK-WATERFALL



Take a 15-minute stroll to Lambir Hills' famous waterfall, Latak Waterfall.



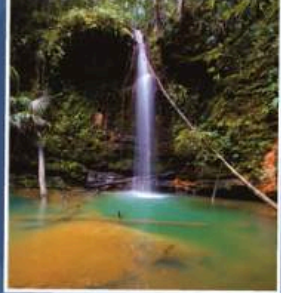
Black and Yellow Broadbill



PANTU TRIAL

Head to Nibong Waterfall, an ideal place to cool down.

DINDING-WATERFALL



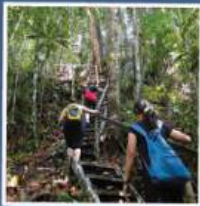
On your way down, take a cool dip in the pool below Dinding Waterfall, or head over to two trails that will lead to two other waterfalls, Pancur Waterfall and Tengkorong Waterfall.

LAMBIR HILLS NATIONAL PARK

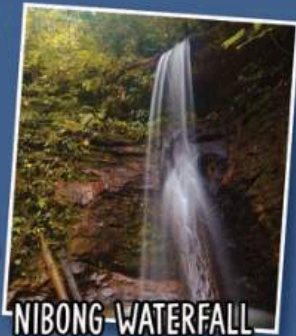
Located 32 km from Miri, this national park is recognized as one of the world's most ecologically diverse areas despite its land area of 7,000 hectares.



Pitcher Plant



A few hundred metres further along the main trail, you can branch out to Bukit Pantu or to Pantu Waterfall.



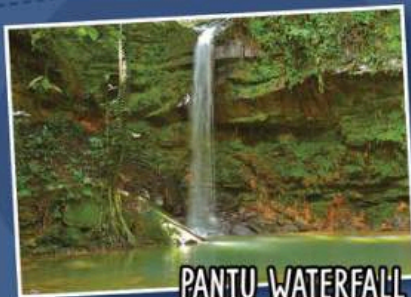
NIBONG-WATERFALL

BAKAM TRIAL

After 4 km, you will reach the trail forks juncture - the left fork leading to the Bakam trail and the right fork leading to the summit of Bukit Lambir.



BUKIT-PANTU



PANTU-WATERFALL

LOAGAN BUNUT NATIONAL PARK

Named by the local Berawan fishermen, Loagan Bunut is the largest freshwater lake spanning 650 hectares and is mainly surrounded by mixed peat swamp forest. The lake slowly dries up during drought season but when the rains come, the lake fills up and the whole cycle starts again.



1 Boat trips to explore the lake and the surrounding forest can be arranged at the Park Headquarters.

2 Hydrology Trail (1.5km)



This trail passes directly through the peat swamp forest and provides a unique close-up view of the ecosystem.



Catch fish using Selambau scoop nets.



Catch glimpses of animals that inhabit the surrounding peat swamp forest such as the barking deer.

3 Tapang Trail (260m)

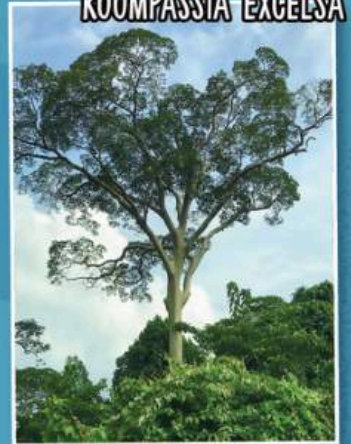


EUSIDEROXYLON-ZWAGERI

One of the tallest trees ever recorded, that has heavy, dense wood, is claimed to be the best for making blowpipes.

Known as the Borneo Ironwood as it is extremely resistant to weather changes.

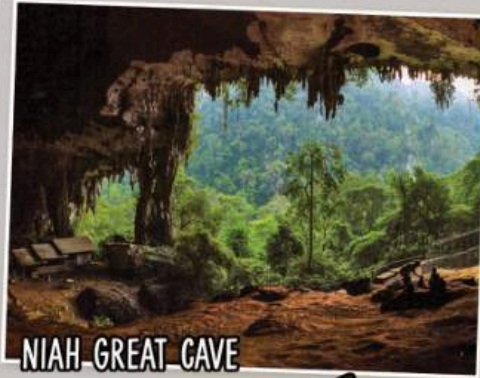
KOOMPASSIA-EXGELSA



NIAH NATIONAL PARK

In the 1950s, the Great Cave was the focus of intense archaeological research led by Tom Harrison where he and his team found evidence of human settlements and items such as tools, cooking utensils and a human skull.

Although it's one of Sarawak's smaller national parks, it is one of the most important archaeological sites in the world due to the discovery of Southeast Asia's oldest human remains and one of the birthplaces of civilisation.



NIAH GREAT CAVE



Half a million swiftlets make their nests in the cave.



PADANG

Sunlight streams down from a large hole in the cave roof to illuminate the bizarre rock formations.

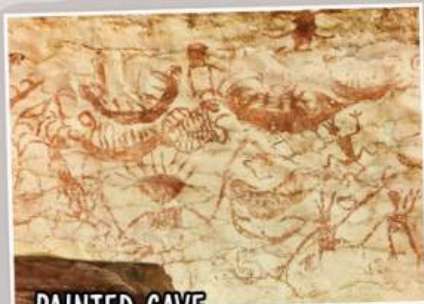


A flashlight is required to find your way. Admire the remarkable rock shapes and weathering effects.



MOON CAVE

Wall-paintings portray human figures and animals on a journey to the land of the dead.



PAINTED CAVE

The Archaeological Heritage of Niah National Park's Caves Complex is a UNESCO World Heritage Site.

PIASAU NATURE RESERVE

This nature reserve provides an avenue for present and future generations to appreciate our diverse birdlife and, in particular, the breeding pair of Oriental Pied Hornbills. There are two main trails. The first trail is the Faridah Loop, which goes around the park for 2.1km and the second trail is the 900 metres Community Trail.



Bird watching was found to be the fastest growing recreational activity and had gained immense popularity among the residents of Miri and became the backbone of ecotourism activities in the nature reserve.



Oriental Pied Hornbill



Ficus tinctoria, also known as dye fig, or humped fig, that can be found in Asia, northern Australia and South Pacific islands, stands up to 25 m tall and started its life as an epiphyte that sends its roots to the ground. After a while, it encircles its host tree and "strangles" it.

PIASAU BOAT CLUB



Head to the Piasau Boat Club to enjoy various activities such as sailing, diving, fishing, rowing and various ball sports or relax at the beach and dine in the restaurant and bar.



A 45-min flight from Miri to Bario via MASwings Twin Otter.



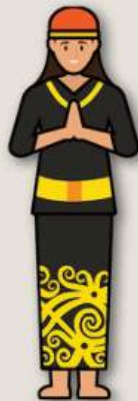
A 10- to 14-hours journey (depending on road conditions and weather) from Miri to the Highlands via 4WD.



BARIO

The name "Bario" means "wind" in the Kelabit language and also known as the "land of a hundred handshakes" because of the local people's warm hospitality.

PRAYER MOUNTAIN



A two-hour hike up the mountain offers a good view of Bario.



TWIN PIONEER WRECK

Visit the Scottish Aviation Twin Pioneer wreck site.

A homestay offering authentic Sarawakian hospitality and is steeped in local aviation history.



NANCYHARRISS GUESTHOUSE, BARIO

AGRICULTURE IN BARIO

Cauldrons for Bario salt-making at the mini salt factory.



Bario pineapples are juicy, sweet and totally organic.



Bario rice has a mild aroma and premium taste and it is grown locally in wet paddy fields throughout the Bario Valley.



Sheep farm on top of the hill.




statos

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Monday - Friday: 9:30am - 5:00pm
Saturday, Sunday & Public Holidays: Closed

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